Date: 14/07/2020

NOTICE

All students are here by inform that, the Amruteshwar Science Forum in collaboration with IQAC and NSS organised online COVID-19 awareness program through online quiz. All students are requested to participate in the program.



Amruteshwar Arts, Commerce & Science College, Vinzer, Tal. Velha, Dist. Pune.

Principal

Samaj Shikshan Mandal Vinzar's Amruteshwar Arts, Commerce and Science College, Vinzar, Tal. Velhe, Dist. Pune

Date: 20 October 2020

COVID-19 Awareness Program Report

Amruteshwar Science Forum in association with IQAC and NSS department has organised online COVID-19 Awareness program though online quiz. The questions were set on the basis of origin, symptoms and prevention measure of COVID-19 pandemic. The link of the quiz was remain open for the period of three months. The total number of 400 students were participated in the quiz.



Amruteshwar Arts, Commerce & Scienco College, Vinaer, Tal. Velha, Dist. Pune.

Sample certificate





SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE

At Post Vinzar, Tal. – Velhe, Dist. – Pune. 412 213

[ID NO. PU/PN/AC 121 / (1997)]

website: Amruteshwar.com

NAAC REACREDITATION 'B'

Email – amruteshwar13@gmail.com

Date : 06 / 06 /2021

<u>Report</u> Shiv Swarajya Din 2021

As per the circular by Government of Maharashtra the "Shiv Swarajya din" was organized by Amruteshwar Arts Commerce and Science College vinzar, on zoom platform. The program began at 9.30 am and was attended by more than 50 participants including students, teachers, and participants for different colleges.

For this program the guest of Honor Mr Nandakumar Sagar sir delivered the speech and guided the program bout shivswarajya din . Principal of Amruteshwar college Dr. Sanjeev Late sir also brief the participants about the bravery , and well administration by Chatrapati Shivaji Maharaj. Speaker for todays program Dr Balasaheb Kendale , head department of History Amruteshwar college guided the participates about the glorious history of Chhatrapati Shivaji Maharaj and importance of "Shiv Swarajya din"

The program was hosted by DR. Parmeshwar Gadkar, Head N.S.S department Amruteshwar College vinzar and vote of thanks were delivered by Dr. Ritesh Wangwad.

10:06	ам 💬 🕓 і		52.6KB/s	։ իր՝ իր՝ 🖽 ⊙	<u> </u>	70	
Close	е	Partic	ipants	(43)			
9	Search						
	Dr.Parm	eshwa	r Gad	. (Host, me)		X	>
LV	Limhan	vijay				ļ	>
	Sanjeev	Late				Ŷ	>
	Akshay I	Mulay			1	¥	>
	Ankush	Namda	as			¥	>
	Anuja Ga	awade				¥	>
	Balasah	eb Ken	dale			¥	>
	Balasah	eb Ken	dale			×	>
СВ	CHATRA	.PATI B	ABURA	0 PA		¥	>
	deepak	shelke				¥	>
DR	Dhanshr	i rasal			1	Ķ	>
Invite	e			Mute A			
			\bigcirc	•			

Photos of the Program





AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe, Dist.- Pune -412213 (Id No PU/PN/Arts 121/1997) Phone (Off) 02130-232323, Email amruteshwarcollegevinzar@gmail.com

Date: 13/06/2020

Notice

National Service Scheme (NSS) Academic Year 2020-2021

NOTIC

All the volunteers of NSS Department Amruteshwar Arts, Commerce And Science College Vinzar, you inform that our NSS Department is going to organize tree plantation program on 15th June 2020 at Amruteshwar college time 10.30 . The programm will conducted virtually on platform on Zoom app. All students are requested to join the meeting from the place were you are going to do tree plantation.

Ant schwar Ant inter Tal. vella, Disc Pane-412 213



rinotole

Amrutashwar Arts, Commerce Science College, Vinzar, Tal-Velhe, Dist-Pune-412213

SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe, Dist.– Pune –412213 (Id No PU/PN/Arts 121/1997) Phone (Off) 02130-232323, Email amruteshwarcollegevinzar@gmail.com Date : 15 /06/ 2020

National Service Scheme Department

Academic Year of 2020-21

1) Tree Plantation in College

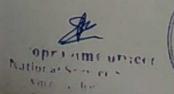
Date: 18th June 2020

Venue: College of Arts, commerce and Science, Vinzar

No. of Volunteers: 13

On 18th June, Tree plantation was organised by the NSS Unit of the college. 16 saplings were planted by our Principal Dr. Sanjiv Late, our POs Dr.Gadkar Parmeshar, Dr.ritesh wangwad and NSS volunteers. The purpose of this event was to spread awareness about tree plantation and to motivate everyone to plant trees in our locality. the event eded with a vote of thanks.







SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe , Dist .- Pune -412213 (Id No PU/PN/Arts 121/1997) Email amruteshwarcollegevinzar@gmail.com Phone (Off) 02130-232323, Date: 20/06/ 2020

Notice

National Service Scheme (NSS) Academic Year 2020-2021

NOTIC

All the volunteers of NSS Department Amruteshwar Arts, Commerce And Science College Vinzar, you inform that our NSS Department is going to organize International Yoga day program on 21th June 2020 at Amruteshwar college time 10.30 . The programm will conducted virtually on platform on Zoom app. All students are requested to join the meeting online .

und Course Inzer, Jal. Velba, Dist. Punc-412 213



molot

Amrutashwar Arts, Commerce & Science College, Vinzar, Tal-Veihe, L. st-Pung-412213

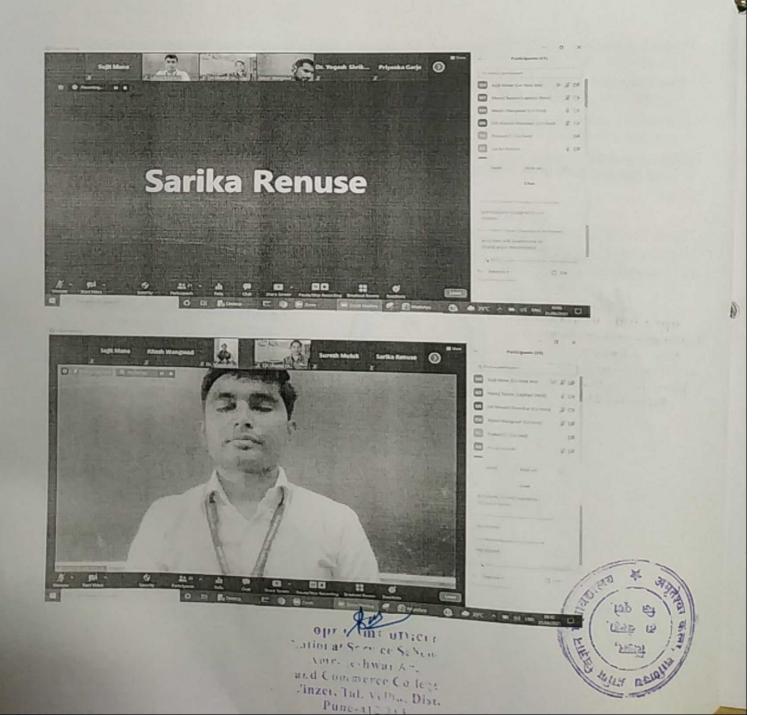
2) International Yoga Day in College.

Date : 21st June 2020

Venue : College of Arts, commerce and Science, Vinzar -Online portal

No. of Volunteers: 34

On 21st June 2020 International YOGA Day was organized by the NSS Unit of the college. 34 participant attended the program. prof. Manoj Tapare was present as an yoga trainer of the program. our College Principal Dr. Late, IQAC Head, Dr.Dongare, PO Dr.Gadkar, Dr.wangawad, and NSS volunteers participated in program.



SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe , Dist .- Pune -412213 (Id No PU/PN/Arts 121/1997) Email amruteshwarcollegevinzar@gmail.com Phone (Off) 02130-232323,

Date: 03/09/ 2020

Notice

National Service Scheme (NSS) Academic Year 2020-2021

NOTICE

All the volunteers of NSS Department Amruteshwar Arts, Commerce And Science College Vinzar, you inform that our NSS Department is going to organize Teachers day program on 5th September 2020 at Amruteshwar college time 10.30 . The programm will conducted virtually on platform on Zoom app. All students are requested to

join the meeting online .

Datio Amr. c hwar 6"z und Commerce Collect inzer, Jul. Velha, Dist. Pune-412 213



Principle Amrutashwar Arts, Commarce & Science College, Vinzar, Tal-Volho, Dist-Pune-412213

1) Teachers Day in College.

Date: 05th September 2020

Puncat2 213

ucal man

Venue | College of Arts, commerce and Science, Vinzar -Online portal

Report :- On 5th September 2020 Teachers day was organised by Department of N.S.S. Amruteshwar College . The program was conducted on virtual platform . Total 94 participants attended the program . Chief guest and resource person of this program Dr. N.D.Patil spoke about teachers value and its importance in the development of the country . Dr . Sanjeev Late principal of college guided the participants by his speech . Vote of thanks was delivered by Dr. Parmeshwar kamble .

AMRUTESHWAR ARTS, COMMERCE AND SCIENCE COLLEGE Vincar, Talaka Velha, Dist - Pane 41221.1 TEACHERS DAY CELEBRATION DEPARTMENT OF N.S.S. 5" SEPTEMBER 2020 SPEAKERS 6.00 PM N. D. PATIL Member Mahrshi Karve Stree Shikshan Samstha Dr. Arun Shinde Program Available on Professor , Pune . President Of Today's Function Zoom ID :- 2128857976 Dr. SANJEEV LATE Password - 123456 Principal Dr. Parmeshwar Gadkar Dr.Ritesh Wangwad N.S.S Program Officers 31 17 7 0111 1 11 Aller at Se at CI S. Seat Principle Ame. a liwar and and Commerce Calls ? Amruteshwar Arts, Commerce

Science College, Vinzar,

Law - Jilvo, Dist-Pune-412213

SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe, Dist.– Pune –412213 (Id No PU/PN/Arts 121/1997) Phone (Off) 02130-232323, Email amruteshwarcollegevinzar@gmail.com

Date: 23/09/ 2020

Notice

National Service Scheme (NSS)

Academic Year 2020-2021

NOTICE

All the volunteers of NSS Department Amruteshwar Arts, Commerce And Science College Vinzar, you inform that our NSS Department is going to organize N.S.S day program on 20th September 2020 at Amruteshwar college time 4.30 pm . The programm will conducted virtually on platform on Zoom app. All students are requested to join the meeting online .

d Commerce Calles inzer, Jul. Vellia, Dist Pune-412 213

Principle Amrohashwar Arts,Commerce & Science College,Vinzar, Tal-Velhe,Dist-Pune-412213

4) N.S.S. Day webinar organize By (NSS)

Date : 24th Sep 2020

Venue : College of Arts, commerce and Science, Vinzar -Online portal

No. of Volunteers: 63

Amruteshwar arts Commerce and Science College NSS Department successfully organized Webinar on occasion of NSS Day celebration program dated on 24th September 2020 time 4.00 to 6.30 pm. That program started in time as per scheduled provide.

NSS Day program organized by Department of NSS, Amruteshwar Arts, Commerce and Science college dated on24th September 2020 time of 4.00 to 6.30pm. This program started with Pune Vidhyapeeth Geet afterwards Inaugural speech by Dr. Gadkar Parmeshwar as NSS program officer and aria coordinator. Principal address by Dr. Mahadev dongare behalf of principal He has cover some point about the challenges of new education and importance of teachers in education system,

Key note address by chief guest Dr. Vishal Gaikwad speech. He has explained importance of NSS with varies stories as examples. He said without NSS we cannot achieve the goal of education system. He said so many things about education as well as NSS important. Etc. More than 78 NSS volunteer and 28 teachers have participated in the webinar. The walydectry session conduct of college principal Dr. Sanjeev Late, He has explained his own experience from the NSS and at last of the session sweet and short Vote of thanks by Dr. Ritesh wangwad.

mrutehu d Commerce Cale nzei, Jal. Velba, Di Pune-412 213 -0//6ge

Principle Amruteshwar Arts, Commerce & Science College, Minzar, Tel-Velhe, Dist-Puris-412213

SAMAJ SHIKSHAN MANDAL'S AMRUTESHWAR ARTS, COMMERCE SCIENCE COLLEGE, Vinzar, Tal-Velhe, Dist.- Pune -412213 (Id No PU/PN/Arts 121/1997) Phone (Off) 02130-232323, Email amruteshwarcollegevinzar@gmail.com

Date: 07/03/2021

Notice

National Service Scheme (NSS)

Academic Year 2020-2021

NOTIC

All the volunteers of NSS Department Amruteshwar Arts, Commerce And Science College Vinzar, you inform that our NSS Department is going to organize Women's Day program on 8th March 2021 at Amruteshwar college time 4.30 pm . The programm will conducted virtually on platform on Zoom app. All students are requested to join the meeting online .

Rathe unics

National Service School Amr. Lechwar Art, and Commerce Coller Juzzi, Tal. Velha, Dist. Pune-412 213



Principle Amrutoshwar Arts,Commerce & Science College,Vinzar, Tai-Veiho,Dist-Pune-412213

5) International Women's Day in College.

Date : 08th March 2021

Venue : College of Arts, commerce and Science, Vinzar -Online portal

No. of Volunteers: 78

On 08th March 2021International Womens Day was organized online by the NSS Unit of the college. 71 participant attended the program. Prof. Pratima Pardeshi was present as an chief guest of the program. Our College Principal Dr. Late, IQAC Head, Dr.Dongare, PO Dr.Gadkar, Dr.wangawad, and NSS volunteers participated in program.



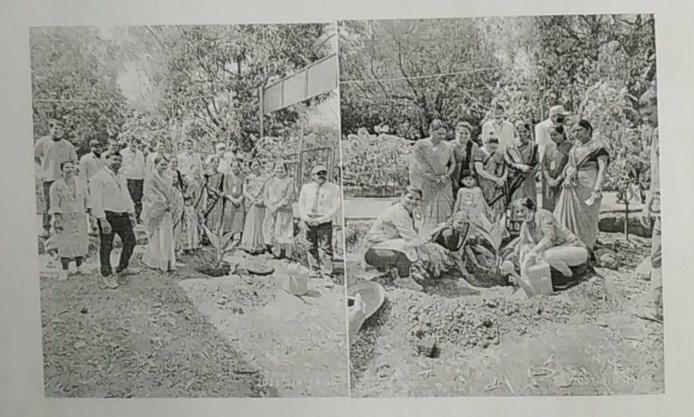
7) Tree Plantation occasion on International Women's Day in College.

Date : 09th March 2021

Venue : College of Arts, commerce and Science, Vinzar -Online portal

No. of Volunteers: 21

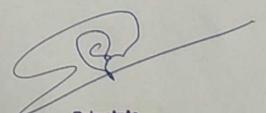
On 08th March 2021International Womens Day was organized online by the NSS Unit of the college. 21 participant attended the program. Mrs. Chabubai Limhan present as an **cher** guest of the program. Our College Principal Dr. Late, IQAC Head, Dr.Dongare, PO Dr.Gadkar, Dr.wangawad, and NSS volunteers participated in program.



Amr

and Commerce Callege 'inzer, Tal. volta, Dist. Pune-412 213





Principle Amruteshwar Arts, Commerce & Science College, Vinzar, Tai-Volite, Dist-Pune-412213

Report of Five day national on "Scientific Tools to Boost Immunity and Mental Health"

Faculty of Science in association with IQAC depart has organised Five Days National Webinar on "Scientific Tools to Boost Immunity and Mental Health" during 6th to 10th July 2020. The webinar was organised in two sessions i.e. session one in the morning was training and practicing session and in the afternoon session there was lecture delivered by the eminent persons from the respective discipline. The total 1400 participants were registered for the webinar across the country. The webinar was conducted on Zoom platform and broadcasted on the college Youth tube Channel.

Day One: The webinar was induced with the training session in the morning. The session was conducted by the Prof. Manojkumar Tapare (Yoga Teacher). The webinar was inaugurated by the Principal Nandkumar Sagar, Director, Samaj Shikshan Mandal Vinzar. He talked about the importance of the mental health and the immunity. The programme was chaired by the Principal Dr. Sanjeev Late. After, the innogaration, the talk-1 on "Tackling Fear of Covid-19" was delivered by the Mr. Shrikant Patankar, DYCT, Khopoli.

Day Two: The day two of the webinar was started with the training session in the morning. The session on "Joint opening exercise" was conducted by the Prof. Manojkumar Tapare (Yoga Teacher). In the second session the talk-2 on "Mental Health" was delivered by the Dr. Bhakti Ware, Psychiatrist, DYCT, Khopoli.

Day Three: The day three of the webinar was started with the training session in the morning. The session on Basic Stretching exercise and Surynamskar Part-1 was conducted by the Prof. Manojkumar Tapare (Yoga Teacher). In the second session the talk-3 on "Yoga and Immunity" was delivered by the Mr. Shrikant Patankar and Mrs. Vidhya Dongare, DYCT, Khopoli.

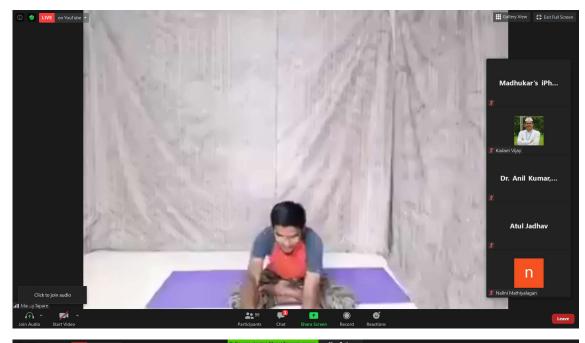
Day Four: The day four of the webinar was started with the training session in the morning. The session on "Basic Stretching exercise and Surynamskar Part-2" was conducted by the Prof. Manojkumar Tapare (Yoga Teacher). In the second session the talk-4 on "Immunity Boosting Food" was delivered by the Prof. Digamber Mokat, Department of Botany SPPU, Pune.

Day Five: The day five of the webinar was started with the training session in the morning. The session on "Breathing meditation and relaxation techniques and Surynamskar Part-3" was conducted by the Prof. Manojkumar Tapare (Yoga Teacher). In the second session the talk-5 on "Physical exercise for healthy life style" was delivered by the Dr. Suman Pandye, Department of Physical Education, SPPU, Pune.

The programme was concluded with the feedback of the participants. The programme was anchored by the Mrs. Jyoti Bhate and Sujitkumar Mane, the technical support were provided by the Dr. Rahul Kamble and Prakash Chikte. Vote of thanks were expressed by the Dr. Deepak Shelke. All the teaching and Non-teaching staff contributed for the success of the webinar.



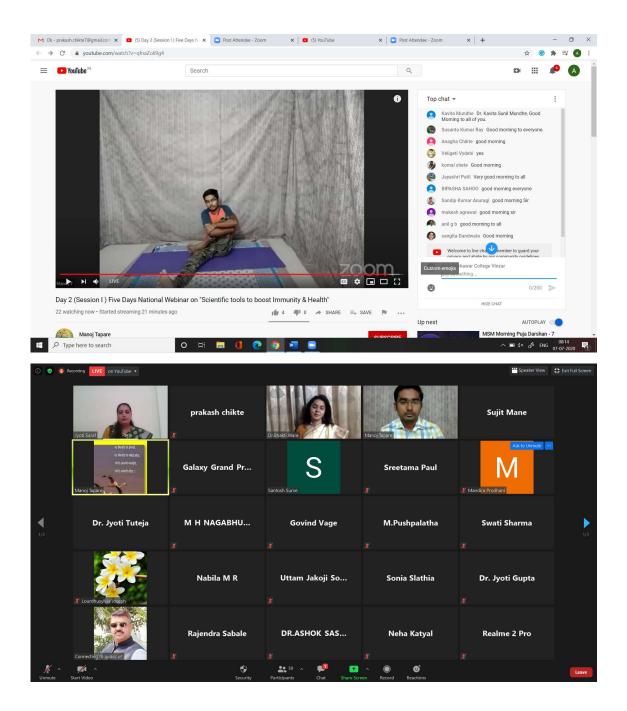
incidedal Amruteshwar Arts, Commerce & Scienco College, Vinant, Tal. Velha, Dist. Pune.

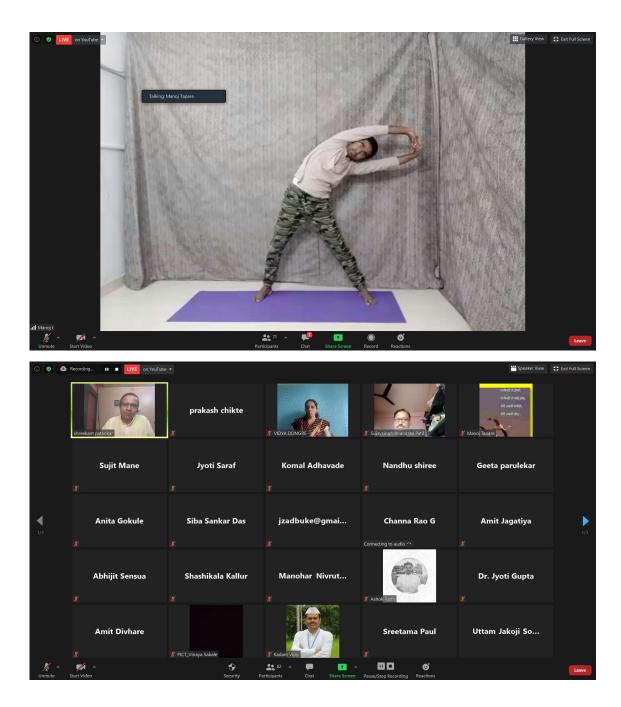


Constant LIVE on YouTube WhatsApp Video 2020-07-00 at 10:22:01 AM:mp4 - VLC media player
Media Playback Audio Video Subtitle Tools View Help



٥





0 🖉 🌢) Recording 💵 🔳 💶 LIVE on YouTut	ж *			🔛 Speaker View	🛟 Exit Full Screen
	Mancj Tapare	prakash chikte	Mane	Dr Sonavane Bilingi tat.	¥ Sujaysingh Anandrao Datil	
	SHAKUNTALA	w Secth A aved, w Rech A aved, A th aven Maky, 4 th aven Maky, 4 th aven day:	Girish Gupta	V ∦ Vijay Bhalerao	Shashikala Kallur	
1/3	Kadam Vijay	Afirahs	Rashmi Singh	<pre>% krishna prasad</pre>	Amlan Ranjan R	1/3
	Dr. Jyoti Gupta	2 Omkar Wandhis	∦ LNAGESWARA RAO	Manasi Thakur	Dr. M N BHAJB	
	r manisha ahiras	Sujit Mane	Salma Sultana	Dr Sunil Cholke	Dr. Rahul Kamble	
y ^ Unmute	Start Video	24 Security	A A A A A A A A A A A A A A A A A A A	Pause/Stop Recording Reactions	Z DI. Nahur Keinizie	Leave
© 🔮 💷	E on YouTube 🔹				🔛 Speaker View	♣ Exit Full Screen
© 🔮 LIV	on YouTube •	prakash chikte	Dr.Digambar Mokat	Jyoti Saraf	₩ Speater View Manasi Thakur	🛟 Exit Full Screen
 Triv 	मानिती हे कहां, भू जिसे में के कहां हत. केरी जर्मन कहते. केरी जर्मन कहते.	prakash chikte X	Dr. Digambar Mokat	Jyoti Saraf		42 Exit Full Screen
 ♥ ■ ■	in huit a pud in huit a bud pu in punka pu in punka pu in punka pu in punka pu in punka pu in punka punka Manoj Taparoj		V	x	Manasi Thakur	Eat Full Screen
•	Hend Apar Hend Abar Honorisea; Manoj Tapare	SujitMine Pratibha Kumari	¥ Vijay Bhalerao	# * Ombe Wardine Harichandra Nik	Manasi Thakur # Maijul Islam Las Dr. Jyoti Gupta	•
•	Wind Bear Wind Bear Wind Tepare Wind Tepare	X SujitMane Pratibha Kumari X M H NAGABHU	Vijay Bhalerao X Vijay Ahalerao X Sujayalingh Anardrag Bahi Vijayalingh Anardrag Bahi	۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲ ۲	Manasi Thakur * Maijul Islam Las Dr. Jyoti Gupta	•



ONE DAY NATIONAL LEVEL WEBINAR On COVID PANDEMIC AND AFTERMATH

COVID PANDEMIC AND AFTERMATH 27th July 2020



Samaj Shikshan Mandal'S Amruteshwar Ars, Commerce & Science College

At Post Vinzar, Tal – Velhe Dist. Pune 412213 [IDNO PU/PN/AC 121/(1997)]

email:- amruteshwar13@gmail.com

website:- Amruteshwar.com

Date :- 20TH July 2020

NOTICE

All students and staffmembers of our college are informed that Faculty of Arts has organized one day webinar on "COVID PANDMIC AND AFTERMATH" on 27th July 2020. The said program would be conducted online on zoom platform. All students are requested to register online for webinar through Google form link forwarded on what's app groups on respective class

Thank You



Principal

Amruteshwar Arts, Commerce & Scienc College, Vinzar, Tal. Velha. Dist. Pune



ORGANIZES

ONE DAY NATIONAL LEVEL WEBINAR On COVID PANDEMIC AND AFTERMATH

Program Scheduled

r togram ocheddied	
ANCHORING :- DR. SEEMA BAGUL 10.45 AM	
PREFACE OF PROGRAM BY DR . BALASAHEB KENDALE 10.50 AM TO10.55 AM	
PREFACE OF PRAGATIK ITIHAS SANSTHA BY JAGDISH SONAWANE 10.55 AM 11.00 AM	
PRINCIPALS TALK BY DR. SANJEEV LATE 11.00 AM TO 11.03 AM	
TALK BY NANDAKUMAR SAGAR SIR MEMBER SAMAJ SHKSHAN MANDAL 11.03 AM TO 11.06 AM	
INTRODUCTION OF RESOURCE PERSON FOR SESSION 1 BY DR. BALASAHEB KENDALE 11.06 AM TO 11.08 AM	
TALK ON "COVID PANDEMIC AND AFTERMATH" BY DR. SACHIN SARODE 11.10 AM TO 12.40 PM	
INTRODUCTION OF RESOURCE PERSON FOR SESSION 2 BY DR. MAHADEV DONGARE 12.40 PM TO 12.45 PM	
TALK ON ^{"कोविड –} १९ आपतीचा सामाजिक संदर्भ " BY DR. DILIP CHAVAN 12.45 PM TO 1.45 PM	
VOTE OF THANKS BY SUVARNMALA MHASKE 1.45 PM TO 1.50 PM	
Feedback form will be available on telegram group after 3 pm	
	Ster -
CHIEF CONVENERS Dr Narayan Bhosale President (प्रागतिक इतिहास संस्था) Principal	artioned with
CO- CONVENER Principal IQAC Coordinato	1 to 1



On the Topic Covid Pandemic & Aftermath

NO TORNESS DE MANAGERES A TRACES

<u>Join us on zoom</u>



202

<u>Our Eminent speakers</u> Dr. Sachin Sarode Section 1 - 11.10 to 12.40 pm Dr. Dilip Chavan Section 2 - 12.45 to 01.45 pm <u>Organising Committee</u>

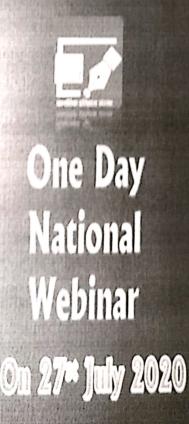
Dr. Sanjeev Late Principal

Dr. Narayan Bhosale President, Prapiticitihas Sanisha Dr. Balasaheb Kendale Convener

> Prof. Vijey Kadam IQAC Coordinator

> > All teaching & non-teaching staff

Organised By IQAC & Department of Arts In Association with Pragatic Itihas Sanstha





Samaj Shikshan Mandal's

Amruteshwar Arts, Commerce & Science College



Amruteshwar Arts, Commerce & Scienc



ZOOM ID AND LIVE STREAMING LINK (YOU TUBE)

Zoom Meeting ID : 9520083115 Password : 123123

Amruteshwar college webinar <u>https://www.youtube.com/watch?v=</u> <u>u0tOfvp_Sac</u> link | YouTube





Principal

Amruteshwar Arts, Commerce & Scienc College, Vinzar, Tal. Yelbe, Diet, Prog.



ONE DAY WEBINAR ON COVID PANDEMIC AND AFTERMATH

ZOOM ID AND LIVE STREAMING LINK (YOU TUBE)

Zoom Meeting ID : 9520083115 Password : 123123

Amruteshwar college webinar <u>https://www.youtube.com/watch?v=</u> <u>u0tOfvp_Sac link</u> YouTuber family Principal

Amrutesharar Arts, Commerce & Science College, Vinzar, Tal. Velha Cusi, a cus



COVID PANDAMIC AND AFTERMATH 2020

Report

Amruteshwar arts commerce and science College Vinzar in collaboration with Pragatik Itihaas Parishad organized National webinar on COVID Pandemic on 27 July 2020 .Theme of the webinar was relevant and with ongoing pandemic . Doctor Sachin Sarode well known physician and expert on dynamics and science of pandemic delivered lecture on COVID wave it's spread estimated affection to population and its impact. With him Dr Dilip Chauhan head of the department English SRTM University Nanded delivered lecture on social impact and reference of covid pandemic

This webinar was attended by 80 participants from all over the Country . Preface of the program, was done by Dr . Balasaheb Kendale , guest of honor for this program was Mr. Nanda Kumar Sagar director Samaj shikshan Mandal . Vote of thanks was delivered by Survanamala Mhaske



Principal

Amruteshwar Arts, Commerce & Scienc College, Vinzar, Tal. Velha Dist.

Date: 15/09/2020

NOTICE

All students are here by inform that, the faculty of science organizing the online suryanamskar programme for students to boost the mental and physical health during this COVID-19 pandemic. All Students are requested to attain and get benefit of it. The link for the online suryanamskar programme will be shared on the whats app group.

Coordinator



Principal Amruteshwar Arts, Commerce & Solence College Histor El Svelha, Dist. Punc.

Date: 29/09/2020

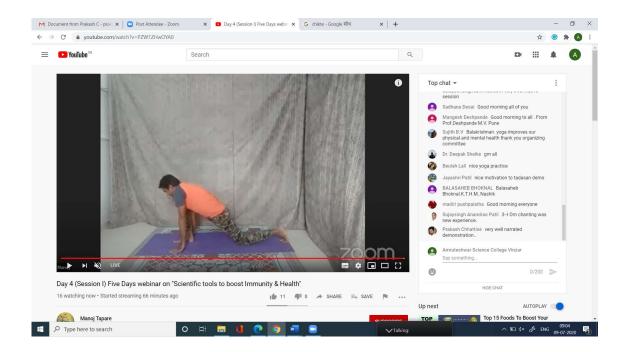
<u>Report</u>

The faculty of science has organized the Online Suryanamsakar Programme for students to boost mental and physical health during the COVID-19 pandemic. The programme was conducted online due to COVID-19 situation on Zoom platform. The programme was headed by the Prof. Manojkumar Tapare. There were daily one hour yoga practicing sessions has organised online in the morning. Total 120 students get benefited with this programme.

Coordinator



Principal Amruteshwar Arts, Commerce & Solence College, Vinzar, Tal. Yelha, Dist. Punc. Principal



Date: 22/01/2021

NOTICE

All students are here by inform that, IQAC and the faculty of science organizing the online Vachan Sanskar Varg programme for students to inculcate reading culture among the students. All Students are requested to participate and get benefit of it. The link for the online Vachan Sanskar Varg programme will be shared on the whats app group.

Coordinator



Principal Amruteshwar Arts, Commerce & Solence Collegei Viccep Zelsvelha, Dist. Punc.

Date: 2/01/2021

<u>Report</u>

The IQAC has organized the Online Vachan Sanskar Varg Programme for students to inoculate reading culture. The programme was conducted online due to COVID-19 situation on Zoom platform. The programme was headed by the Prof. Manojkumar Tapare. The autobiography of eminent persons such as Dr. APJ Abdul Kalam were read during the programme. The literature from the Marathi, English also chosen to improve the linguistic development of the students. Total 150 students were get benefited from this programme.

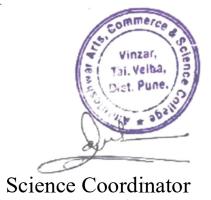


Principal Amruteshwar Arts, Commerce & Solence College, Vinzar, Tal. Velha, Dist. Punc. Principal

Date: 24/02/2019

NOTICE

All FY BSc, SY BSc and TY BSc students are here by inform that, Amruteshwar Science Forum organised the celebration of National Science Day on 28th February 2020 on Zoom Platform. On this occasion Dr. Deepak B. Shelke will deliver the talk on the topic "Combating with COVID-19". All faculty members and students are requested to attain the programme. The link will be shared on the official whats app group.



Amruteshwar Arts, Commerce & Science College, Vinzer, Tal. Velha, Dist. Pune.

Principal

Date: 02/03/2021

<u>Report</u>

The Amruteshwar Science Forum celebrated National Science Day on 28th February 2021 on Zoom Platform. In this programme Dr. Deepak Shelke delivered a talk on "Combating with Covid-19". In his talk he put a light on the origin, transmission, prevention, importance of the covid-19 guidelines for the transmission of the Covid-19 and importance of vaccination. The programme was organised online on zoom platform due Covid-19 restriction. Total 85 students were get benefited with this programme.



Coordinator

Amruteshwar Arts, Commerce & Scienc College, Vinzer, Tal. Velha, Dist. Pune.

Principal

Samaj Shikshan Mandal's Amruteshwar Arts, Commerce & Science College Vinzar, Tal- Velhe, Dist-Pune Women's Grievance Redressal Cell

Date: 06/ 03/2021

Notice

All students are here by inform to attend the webinar on "Women's day: A Step Towards the Women Empowerment" jointly organized by IQAC, NSS, SWO and Women's grievance redressal cell on the occasion of international women's day. The webinar is scheduled on March 8, 2021 at 12 noon.

Mrs. Bhate J. T (Chairman)

Dr. Sanjeev Late (Principal) mrulcametr Arta, Commarce & Science College, Vinzar, Tal. Voiha, Dist. Pune.



To, Prof. Pratima Pardeshi Pune.

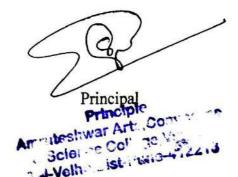
Subject: About Invited talk in the State Level Webinar

Respected Madam,

With reference to above cited subject, Amruteshwar Arts, Commerce and Science College, VinzarVelha, Pune organize one day state level webinar on "Women's Day : A step towards the women's empowerment" on 08th March, 2021. We request you to deliver a talk in the area of your expertise related to the theme of the webinar on 8th March 2021 at 12.00 noon. Your cooperation is highly appreciated in this regards.

Thank you.

Coordinator (Bhate J.F.)





"Sarva Shreshtha Dan Vidya Dan"

Samaj Shikshan Mandal Vinzar's

AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR

At Post Vinzar, Tal. Velha, Dist. Pune. Pin No. 412213 Telefax: 02130 - 232323 [ID No. PU/PN/AC 121/(1997)]

Principal Dr. Sanjeev Late M.A., M.Phil., GDC&A., Ph.D.

Ref. : A.A.C.S.C

NAAC Reaccredited - B

Email : amruteshwar 13@gmail.com

Website : amruteshwar.com

Date: 051

Adv. Nitin Gulab Daswadkar Pune.

Subject: About Invited talk in the State Level Webinar...... Respected Sir.

With reference to above cited subject, Amruteshwar Arts, Commerce and Science College, Vinzar Velha, Pune organize one day State level webinar on "Women's Day : A step towards the women's empowerment" on 08th March,2021. We request you to deliver a talk in the area of your expertise related to the theme of the webinar on 8th March 2021 at 01.00 pm. Your cooperation is highly appreciated in this regards.

Thank you.

Coordinator (Bhate J.F.)



111

Principal

Amruteshwar An 3, Commerce & Science Chicge, Varian Tai-Velhe, Dist-Ptana-4, 2213

"Sarva Shreshlha Dan Vidya Dan"

Samaj Shikshan Mandal Vinzar's

AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR

At Post Vinzar, Tal. Velha, Dist. Pune. Pin No. 412213 Telefax: 02130 - 232323 [ID No. PU/PN/AC 121/(1997)]

Dr. Sanjeev Late M.Phil. GDC&A., Ph.D. Ref. : A.A.C.S.C./299/2021

Principal

NAAC Reaccredited - B

Email : amruteshwar13@gmail.com

Website : amruteshwar.com Date: 10/3/2021

To, Prof. Pratima Pardeshi Pune.

Subject: Letter for Appreciation.

Respected Madam,

We are writing this letter to extend my heartiest appreciation towards you for delivering such a wonderful lecture at State Level Webinar on "Women's Day : A step towards the women's empowerment" held at our college on 8th March,2021. We truly appreciate the way you have cleared everybody's doubts and it was to my amazement. when I came to know that you have made lot of contributions in the field of above cited subject. We, once again, would like to thank you and also appreciate you for your hard work your field and hope to get a chance to meet you again. We wish you a success in the field of research ahead.

Yours sincerely

Coordinator

(Bhate J.T.)

Principal v · .··) and Principle Amruteshwar Arts, Commer & Science College Tal-Volhe, Dictor and 5. J. L. 1941 Marchen Wert all & Buch

"Sarva Shreshtha Dan Vidya Dan" Samaj Shikshan Mandal Vinzar's AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR At Post Vinzar, Tal. Velha, Dist. Pune. Pin No. 412213 Telefax: 02130 - 232323-[ID NO. PU/PN/AC 121/(1997)] Principal Dr. Sanjeev Late NAAC Reaccredited - B M.Phil. GDC&A. Ph.D. Website : amruteshwar.com Email: amruteshwar13@gmail.com Ref. : A.A.C.S.C./297/2021 Date : 10/3/2021

> To. Adv. Nitin Gulab Daswadkar Pune.

Subject: Letter for Appreciation.

Respected Sir.

We are writing this letter to extend my heartiest appreciation towards you for delivering such a wonderful lecture at State Level Webinar on "Women's Day : A-step towards the woman empowerment" held at our college on 8th March,2021. We truly appreciate the way you have cleared everybody's doubts and it was to my amazement. when I came to know that you have made lot of contributions in the field of above cited subject. We, once again, would like to thank you and also appreciate you for your hard work your field and hope to get a chance to meet you again. We wish you a success in the field of research ahead.

Yours sincerely

Coordinator (Bhate J.T.)



14.15

Principal . 9

.

Principle Amuteshwar Arts, C-& Joinson (The Volumentary des 112 ender in state

Samaj Shikshan Mandal's Amruteshwar Arts, Commerce & Science College Vinzar, Tal- Velhe, Dist-Pune Women's Grievance Redressal Cell

Date: 09/ 03/2021

A report on Women's day programme

On the occasion of international women's day, women's grievance redressal cell of Amruteshwar Arts, Commerce and Science College, Vinzar organized a one day state level webinar on "Women's day: A step towards women empowerment" on 08 March 2021. A motivation behind this is to think about and percolate the purpose of women's day among the students. Also, to create the awareness about gender equality in the society.

Due to Covind-19 pandemic situation the programme was organized through online mode. Registration for the programme was done through Google form circulated among WhatsApp groups of various colleges a week before the programme. Around 236 participants were registered for this programme. Programme was conducted through ZOOM portal along with it the programme was broadcasted on YOUTUBE for those who could not able to join the Zoom meeting.

With respect to the theme of the programme two speakers were invited to deliver a talk. Our first speaker **Prof Pratima Pardeshi** delivered a talk on **"Women's day and relevant references."** She focused on the need of enlightenment on gender equality in the modern word. She insists that it should be start with changing habit of work distribution in our daily routine. Finally she greets all women participant and give a three word message "to unit, to fight and to win". Second speaker **Advocate Nitin Daswadkar** delivered a talk on **"A law for the Indian women."** He discussed various provisions in our constitution made for the safety and overall development of the women. He mainly talks on the laws made for in-house violence. He discussed couple of case studies. Feedback forms were circulated among the participant at the end of the second session.

Whole programme is anchored by Prof. Sujitkumar Mane. Preface of the programme is presented by Prof. Jvoti Rhate. Ma Nucl. Sujitkumar Mane. Preface of the programme is Shikshan Mandal) presented by Prof. Jyoti Bhate. Mr. Nadakumar Sagar (Director Samaj Shikshan Mandal) and Dr. Sanjeev Late (Drinointer Nadakumar Sagar (Director Samaj Shikshan Mandal) and Dr. Sanjeev Late (Principle Amruteshwar Sagar (Director Samaj Shikshan Manual) Vinzer) expressed their Wicker to Hall Vinzer) expressed their wishes to all the participants. Dr. Parmeshwar Gadkar introduced to first speaker Prof. Pratima Pardeshi and Dr. Sheetal Shendkar gave an introduction of speaker Adv. Nictor Pardeshi and Dr. Sheetal Shendkar gave an introduction of second speaker Adv. Nitin Daswadkar. Dr. Deepak Shelke concluded the programme by

A sound technical support for smooth conduction of the programme was provided by Prof. Manojkumar Tapare. A back stage work such as Google forms, registration link, ecertificate distribution is effectively done by Dr. Rahul Kamble and Prof. Prakash Chikte.

Around 100 participants were joined through the zoom meeting and 36 were using youtube link. Thus about 136 participants were directly benefited by this activity.

All teaching and non-teaching staff member of Amruteshwar Art's, Commerce and Science College, Vinzar worked hard for successful execution of the programme.

nate J. T (Programme Co-ordinator)

r. Sanjeev Late

(Principal)

					1000			÷ //	20
						zoom	Live chat Top chat 2 25 P 12.36 PM pranav shilimkar Aboli Mahadik Ad S 12.41 PM Aboli Mahadik Ad S 12.42 PM Shubham Pawar S 12.42 PM Suraj Walgude S 12.45 PM Arati Pilane Aard R 12.45 PM Arati Pilane Aard R 12.45 PM Jagannath Limhai Science 12.47 PM MANISHA SHILIM A 12.49 PM Anjana Renuse S 12.52 PM Sapana Pawar a	boli Mahadik 11 std scie shubham pawar sy bsc aurabh Walgude pilane T.Y.B.com Rutu ja Khutwad SY. BSc n Harshada limhan cli IKAR Rohit Shilimkar UMESH RENUSE FYBA	nce ass -11th S.Y.BA
atima Pardeshi Webinar On International W	formen's Day 08.0	3 2021					V Abhishek Pawar	Pawar abhishek S. Y. E	lsc.
25 watching now	Gli Dislike	Live chat	ر Share	F⊐ Report	S Download	⊞ Save	College, Amainer	Prof.Sunil Waghmare,	Women's
Manoj Tapare 320 subscribers						SUBSCRIBED	P 104 PM Priyanka Nanavar Welcome to live chat! privacy and abide by o LEARN MORE	Remember to guard	your

Switch to Gallery View



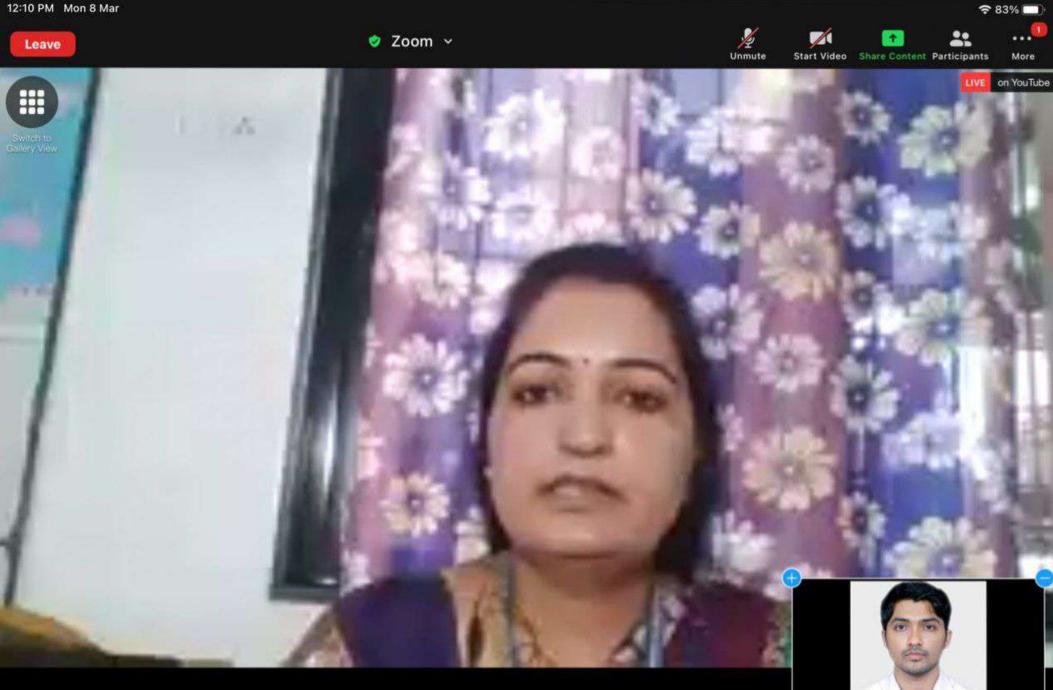
Ņ ... Share Content Participants More Start Video Participants (92) Manoj Tapare (Host) Pratima Pardeshi (Co-Host) ADV NITIN DASWADKAR (Co-Host) deepak shelke (Co-Host) Dr. Rahul Kamble (Co-Host) Dr.Parmeshwar Gadkar (Co-Host) Dr.Sheetal Shendkar/ gadkar (Co-Host) 8 100 👫 Jyoti Saraf (Co-Host)

? 75%





🔏 Prakash Chikte



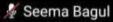
📕 Prakash Chikte

14:07 🖸 🖬 🖪 •

Q Tt LTET .II LTE2 .III







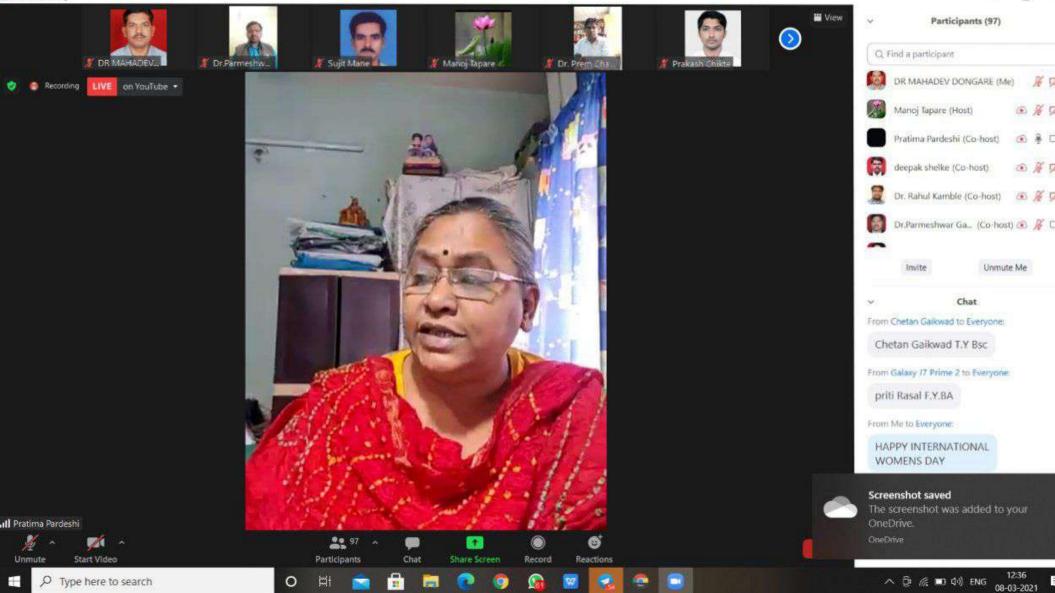


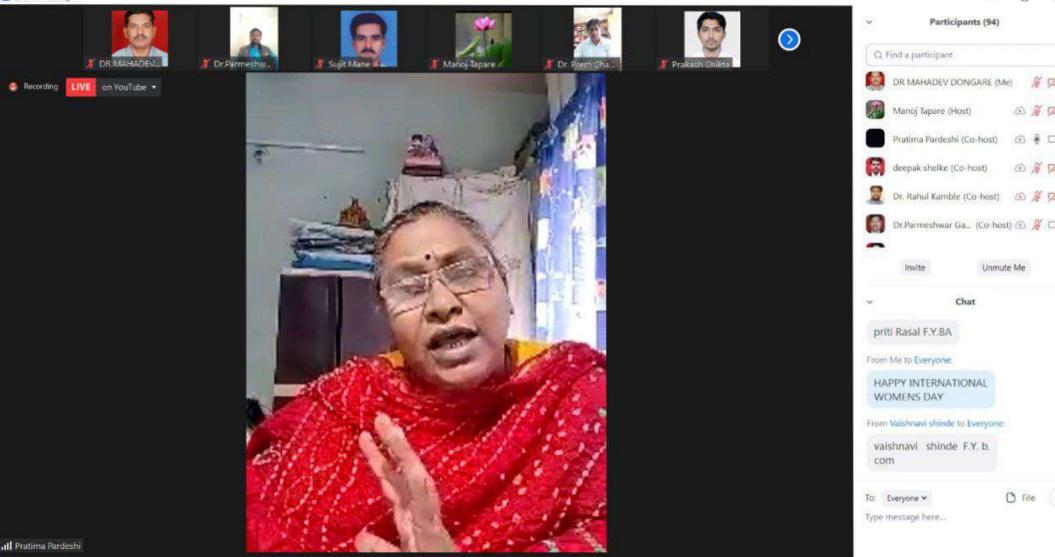


H



-





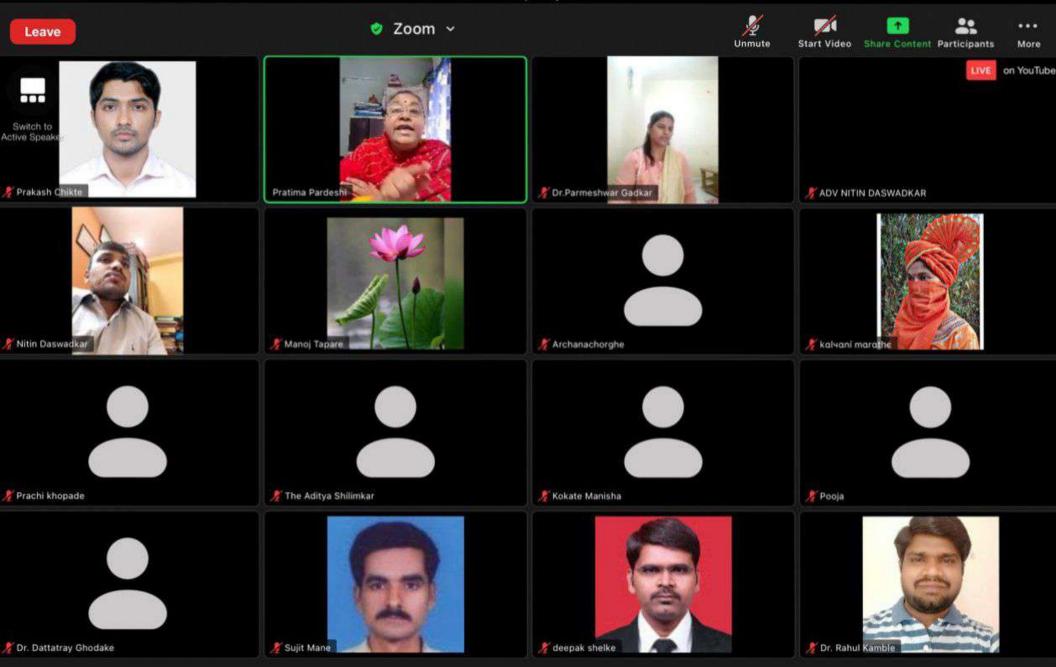
₽ Type here to search -

0

^ ਊ (@ ■ 40) ENG 12:39 08-03-2021

0

Shital Khopade joined

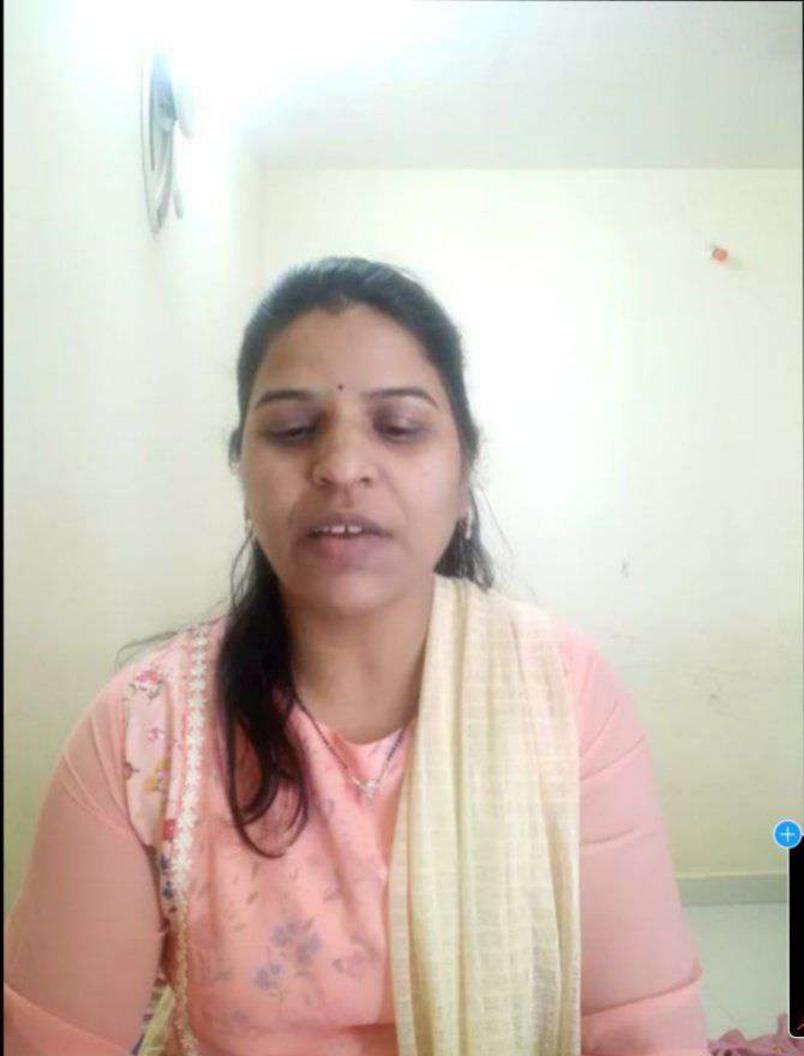


0		LITE LTE	14		12:18
Clos	e Participants (9	99)			
Q	Search				
PR	Prof R M Mokashi (me)				* >
	Manoj Tapare (Host)		4		¥ >
R	Sujit Mane (Co-host)		6		Q >
	deepak shelke (Co-host)		٥		1
	Dr. Rahul Kamble (Co-host)		٥		*>
	Jyoti Saraf (Co-host)		۵		¥ >
	Manoj Tapare (Co-host)		6		¥ >
PP	Pratima Pardeshi (Co-host)		4		<u>×</u> >
8	Dr.Parmeshwar Gadkar				Ų >
AP	Abhay pansare				¥ >
Invite					
	⊲ 0				

	12:20 🎐 🖿	鑑1 💅	1 🗎			
Clos	e Participants (100)					
Q	Search					
R	Balasaheb Kendale (me)		¥	>		
	Manoj Tapare (Host)	6 pi	¥	>		
Here	deepak shelke (Co-host)	6 M	¥	>		
	Dr. Rahul Kamble (Co-host)	0 14	¥	>		
	Jyoti Saraf (Co-host)	6 🛤	¥	>		
	Manoj Tapare (Co-host)	0 M	¥	>		
	Pratima Pardeshi (Co-host)		¥	>		
Ro	Sujit Mane (Co-host)		¥	>		
	Dr.Parmeshwar Gadkar		Į	>		
AP	Abhay pansare	1	X	>		
AK	Abhishek Katkar	-	X	>		
ASSESSMENT	Ajinkya Vegare	1	×	>		
AP	akshada purohit		¥	>		
Invite						

0

 \triangleleft



समाज शिक्षण मंडळ, विंझर अमृतेश्वर कला, वाणिज्य आणि विज्ञान महाविद्यालय, विंझर ता . वेल्हा जि . पुणे

दिनांक 0६.0६.२०२१

सूचना

महाविद्यालयातील सर्व प्राध्यापक विद्यार्थ्यांना सूचित करण्यात येते की, क्रीडा विभाग व अंतर्गत गुणवत्ताकक्ष यांच्या संयुक्त विद्यमाने दि . १२ . ०६ . २०२१ रोजी सकाळी ९ . ०० वाजता ताण व्यवस्थापण याविषयावर राष्ट्रीयस्तरीय वेबीनारसाठी सर्वानी ऑनलाईन उपस्थीत रहावे याची नोंद घ्यावी .



Principal

Amruteshwar Arts, Commerce & Scienc. Callega, Vinzar, Tal. Velha. Dist. Pune.

अकम

"Sarva Shresth Dan Vidya Dan"

SAMAJ SHIKSHAN MANDAL VINZAR'S AMRUTESHWAR ARTS, COMMERCE AND SCIENCE COLLEGE Vinzar, Tal. Velhe, Dist. Pune - 412213



Lindial



Organized by Department Of Physical Education & IQAC Jointly held with Savitribai Phule Pune University, Pune.

Lecture Series On

Stress Management

Inaugural Function 12/06/2021 time 10:00 am **Guest of Honar** Mr. Nandu Sagar Sir Director SAMAJ SH/KSHAN MANDAL

SESSION I Dr. Mahesh Khetmalis Associate Professor, Visva Bharti University, Santiniketan

SESSION II Dr. Deepak Shendkar **Director of Physical Education,** Morden Ganeshkhid, Pune

IQAC Co-Ordinator Prof. Dr. Mahadev Dongare

Co-Ordinator Prof.Dr. Sheetal Shendkar

(Principal) DR. SANJEEV S. LATE

Registration link for webinar

https://docs.google.com/forms/d/e/1FAIpQLSedtMPGtD8QzhvBOgH9gIn3MWU9IGJoQ6INnCPUO_liPB2VT g/viewform?usp=sf_link

Join Zoom Meeting

https://us02web.zoom.us/j/9890631496?pwd=ZWJ2Q2xFWIJBEHN1V1JFbEZMRkdQUT09

Meeting ID:989 063 1496 Passcode: 1111

join-telegram-group by following link https://t.me/joinchat/IANjeqZjJ_YwZD_1

Honorary President :- Adv . Nandu Phadake President :- Mr. Dattatraya Padwal Vice President :- Mr. Santosh Appa Daswadkar Executive President :- Mr. Pradeep Phadake Secretary :- Mr. Ashok Bhuruk Treasurer :- Mr. Santosh Limhan

Directors Mr. Sambhaji Bhosale , Adv . Hunumant Shinde, Mr. Yashwant Gaikwad, Mr. Vilas Kirve, Mr. Bhagwanrao Limhan.



Amruteshivar Arts, Commerce & Scienc. College, Vinzar, Tal. Velha. Dist. Pune.

SSM Vinzar AMRUTESHWAR ARTS, COMMERC & SCIENCE COLLEGE,

VINZAR, TAL-VELHE, DIST-PUNE [ID No.PU/AC 121/(1997)] NAAC 'B'

Department of Physical Education and IQAC of the College jointly organized one Day National webinar on

"Stress Management"

12 June 2021 10.00 am

Program scheduled

Sr.No.	Activity	Name
01	Anchoring of the program	Dr. Sheetal Shendkar
	, 방법에 가격하게 한 방법을 받으셨다.	(Director of Physical Education)
02	SPP University song	Technical team
03	Introduction of the program	Dr.M.D. Dongare (Director of IQAC)
04	Inaugural of Speech	Principal Nandu Sagar (Director of SSM, Vinzar)
05	Presidential speech	Dr. Late S.S. (Principal of the College)
06	Introduction of speaker	Dr. Sheetal Shendkar (Director of Physical Education)
07	Speaker	Dr. Mahesh Khetmalis Associate Professor, (Visva Bharti University, Santiniketan, West Bengal, India)
08	Introduction of Speaker	Prof. Prakash Chikte Assist. Professor
09	Speaker	Dr. Deepak Shendkar Associate Professor, Morden College Ganeshkhid, Pune. Maharashtra
10	Vote of thanks	Dr. Parmeshwar S. Gadkar Assist. Professor



Amruteanerer Arts. Commerce & Science College. Vinzar, Tal. Veilla, Dist. Pune.

"Sugar ann ann ann ann ann





AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR

At Post Vinzar, in Venter and Purce switter at 22-3 felelax (2012)

12-1- PUMPHA - ---- H: 9971

reactions or Senjeev Lote UNACH DEFENCENTER

Email - march may all the another SPA

Date: (2/164/2024

Wehning Commission and

Het AACSC/ 19720

Dr. Mahesh Khetmahs

Associate Professor

Vistors Rhuran University, Santiniketan,

West Rengal, India

Subject Regarding hearifelt gratitude for accepting our invitation and delayering lecture as an expert resource person for One Day National Level Workshop (unclinear

These C.A.

We express our hearticht gratitude for accepting our invitation and delivering inzione for the One day National Level Workshop on 'Stress Management' arganized by IQAC and Department of Physical Education under Savitribai Phole Pune University 'Fit India Movement' in our college dated 12th Jane 2021.

perge committeeners is may find a companyllated and a work of part the first terms of terms of

Thursday end egenite

Your Failhfally

ardinator

Spir 5 L Short Haf



Principal Principal Amuteshwar Arts, Commerce & Science College, Vinzer, Tel, Velha, Dist. Puna.

Principal

Amruteshwar Arts, Commerce & Scienc College, Vinzar, Tal. Velha, Dist. Pune,



Samaj Shikshan Mandal Vinzar's AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR

Al Post Vinzar, Tel: Velho: Clar Pone Francia (12213 Telefox (2010) 2000)

PRODUCT Dr. Sonjeev Late Emoli

HAACSC/354204

Date : +7/ 0 6/ 2011

Wensite : condication con-

Dr. Deepak Shendkar

Director of Physical Lidocation Mordea (offege, trans-takhing) Savitri Bas Phula Fune I an ersity,

Maharashtra, India

Subject Invitation as a resource person for One Day National Level Workshop flue inc.

Dear No.

We are pleased to invite you for the One day National Level Workshop on "Stress Management" organized by IQAC and Department of Physical Education under Savitribai Phule Pune University 'Fit India Movement' in our college

basist and privalege to multe you for One Day National Level Workshop organized by IQAC and Department of Physical Education under Savitribai Phule Pune University 'Fit India Movement' as an Expert Speaker on the lapse of "Niress Management". We believe that your contribution to this field is apparaileled and a workshop on this topic will be of great benefit for as,

We look foregoid to a province continuation, an honor for us indeed. Kirally confirm

5219

123

1 million OFT

0

3

15

Thanks and reports

Coordinator

Dr 51 Shoults

No Camblelly

Principal Principal smeuteshwar Arts, Cominarce & Selano College, Vincer, Tal. Veina, Orst, Puna.

Principal

Amruteshwar Arts, Commerce & Science Tat Valla Dist Huna

A BRIEF REPORT OF ONE DAY NATIONAL LEVEL WEBINAR ON "Stress Management" Jointly Organized by IQAC AND Department of Physical Education, Vinzar, Tal- Velhe, Dist -Pune.

Preamble:

A One day workshop on Stress Management has been conducted on 12th June 2021, at Amruteshwer Arts commerce and Science College, Vinzar in order to manage stress formed due to Covid 19 pandemic among the tribal people living in Pune District of Maharashtra. This workshop has been sponsored by Department of Physical Education and IQAC, Savitribai Phule Pune University, Pune.

Participant's Profile:

A total of 145 delegates from different states, namely, West Bengal and Madhya Pradesh were the key participants. Among 145 participants 72 were female and 73 were men participants.

With the encouragement and support from the Samaj Shikshan Mandal Vinzar's, department of IQAC and Department Of Physical Education, Vinzar college jointly organized a **One Day National Level** webinar on "**Stress Management**" on 12th June 2021 at 10:30 AM. Around 145 participants comprising of Principals, Professors, Associate Professors, Assistant Professors and IQAC coordinators of Affiliated Colleges from various Colleges and Universities all over India especially West Bengal, Delhi and Rajasthan participated in this webinar. The event started with an inaugural address by Prof.Santosh Limhan, Principal, Amruteshwar Arts,Commerce and Science College, Vinzar. Dr. Sanjeev Late extended his warm welcome to the participants and Resource Persons of the Webinar. He also appreciated the efforts made by Department of Physical Education to improve the quality of Sports Participation in Vinzar., He narrated the working of IQAC, Department of Physical education and informed that the IQAC is making its rigorous efforts to boost the quality of teaching, research and learning in the Vinzar College. Welcome address by Dr.Dongare, Head IQAC Department welcomed all participants and Introduces Co-Chairperson Dr.Ritesh Wangwad and Chairperson Dr.Sharad Magar sir .first



session speaker Dr.Mahesh Khetmalis sir ,Associate prpfesor ,Vishwa Bharati ,West Bengal appreciated the efforts of Dr. Shendkar and Vinzar College and then briefed about the key components of the Stress recognizes and rehabilitation process through Physical Activity. He also describe on ensuring quality in stress rehabilitation. Suggest a training programme for Participant for being accountable and improving constantly. He stated that Stress Management should be innovative practices in curriculum as per the needs of their students. Further, he elaborated being a lifelong learner.

Second session Welcome address by Dr.parmeshwar Gadkar Co-Chairperson Dr.Rupesh Thopte and Chairperson Dr.Dyaneshwar Chimate Second session speaker Dr.Deepak Shendkar, Director of Physical Education on 12 th Jun 2021 at 12:15

Dr.Deepak Shendkar gave a detailed presentation on Stress symptom, disorder and causes. He highlighted about the human values and how to manage stress, use facilitates and few technique for stress management. He also discussed the statistics with regards to these stress factors. While keeping in mind the diversity of stress in the Indian context, He further highlighted the importance of going through stress remedies for better understanding.

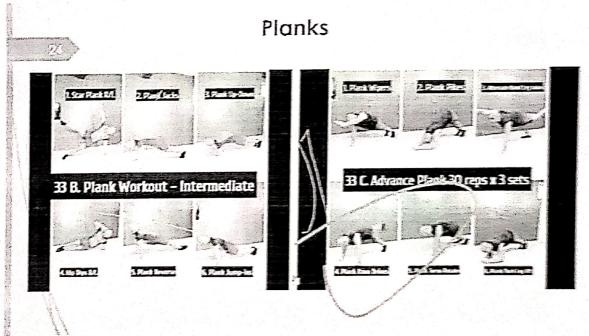
Later, Co-Chairperson Dr.Rupesh Thopte and Chairperson Dr.Dyaneshwar Chimate sir responded to the Questions and doubts raised by the participants. The session was concluded by a vote of thanks from Dr. Sheetal Shendkar. She expressed special gratitude to the Chairperson and Co-Chairperson both session and speaker for their informative and useful presentations, she also expressed gratitude to the participant, administration for their constant encouragement and support in conducting the Webinar, the IQAC team and Vinzar College for hosting the event and participants in making the Webinar a grand success.



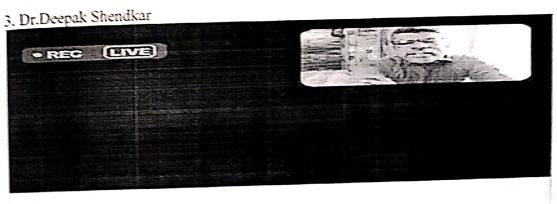
1. Welcome address by Dr.Sanjeev Late sir



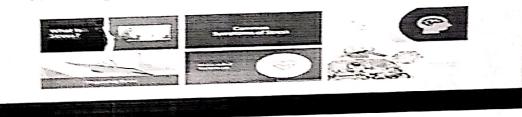
2.Dr.Mahesh Khetmalis share some exercise for stress management.







We are going to see ...



4.Manegement address by Nandkumar Sagar sir



5. vote of thanks by Dr.Sheetal Shendkar







Principal amputeshwar Arts, Commerce & Science Compet. Visizar, Tal. Veiha, Dist. Pune.

समाज शिक्षण मंडळ, विंझर अमृतेश्वर कला, वाणिज्य आणि विज्ञान महाविद्यालय, विंझर ता . वेल्हा जि . पुणे

अकम

दिनांक 0२.0६.२०२१

सूचना

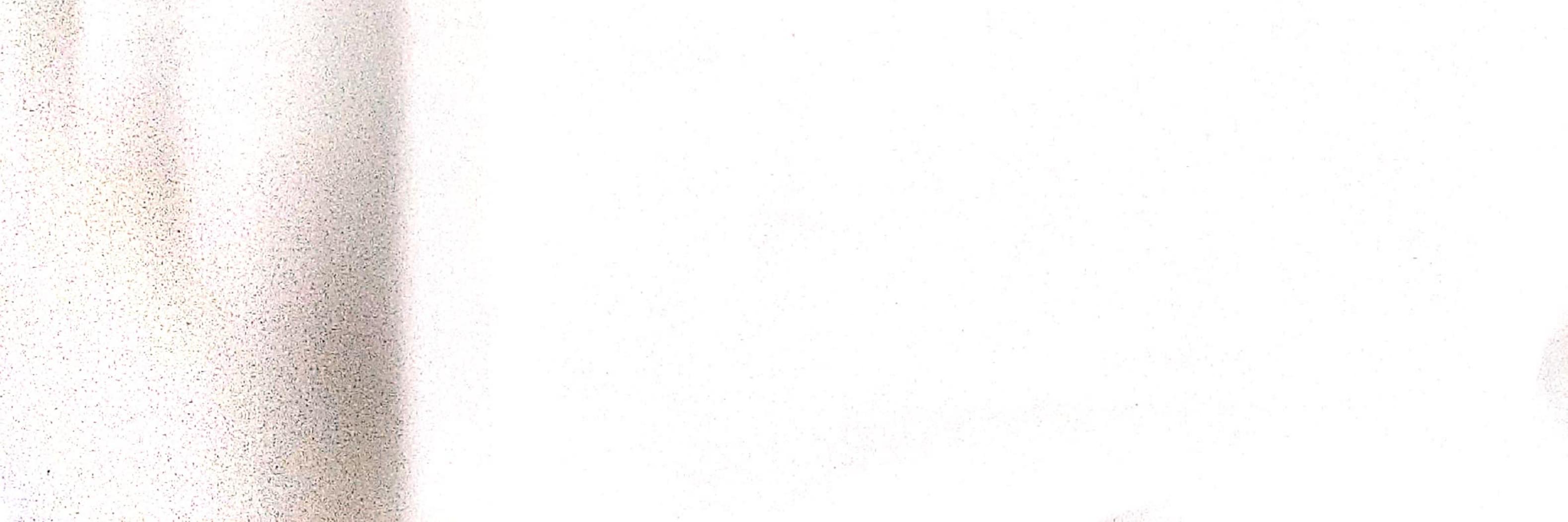
महाविद्यालयातील सर्व प्राध्यापक विद्यार्थ्याना सूचित करण्यात येते की, आरोग्य विभाग व अंतर्गत गुणवत्ता कक्ष यांच्या संयुक्तविद्यमाने दि • 0९ • 0६ • २०२१ रोजी सकाळी ९ • 00 वाजता आरोग्य व स्वच्छता जनजागृती या विषयावर राज्यस्तरीय

वेबीनारसाठी सर्वानी ऑनलाईन उपस्थीत रहावे याची नोंद घ्यावी .





Amruteshwar Arts, Commerce & Scienc College, Vinzar, Tal. Velha. Dist. Pune.



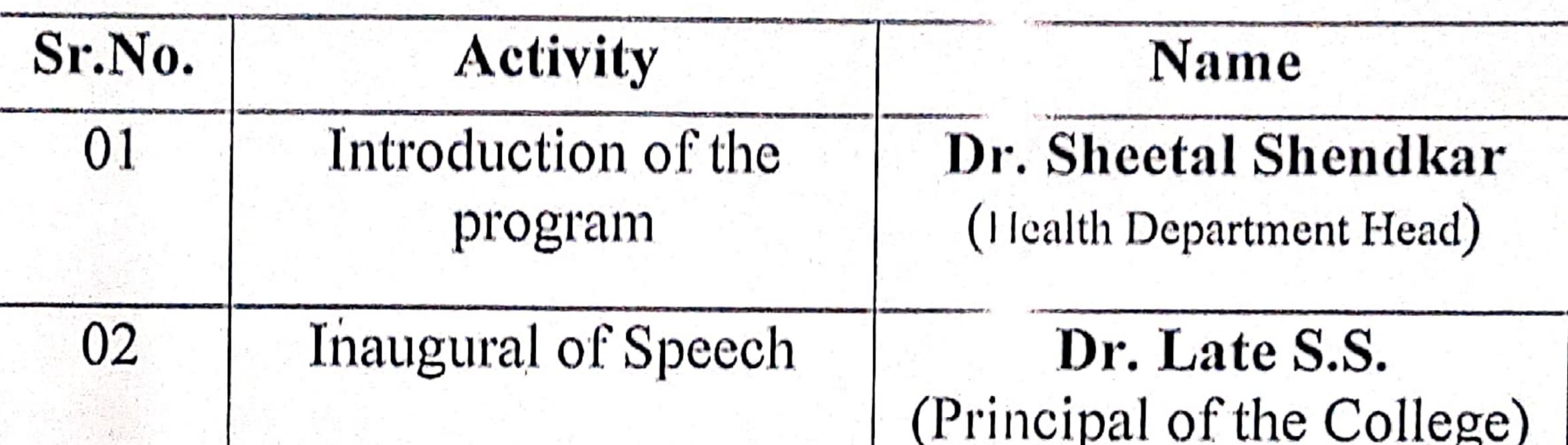
AMRUTESHWAR ARTS, COMMERC & SCIENCE COLLEGE, VINZAR, TAL-VELHE, DIST-PUNE

> [ID No.PU/AC 121/(1997)] NAAC 'B'

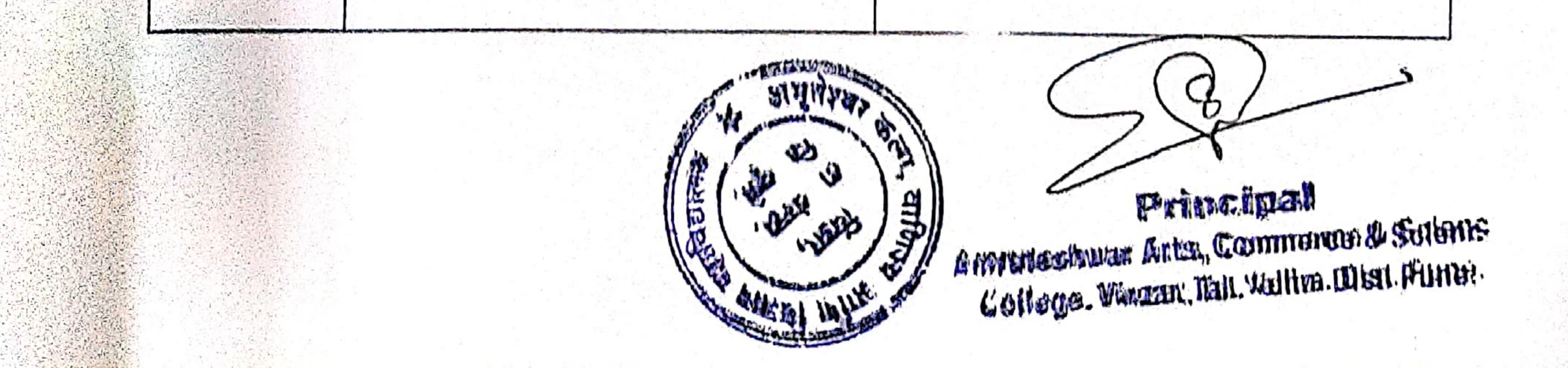
Health Department

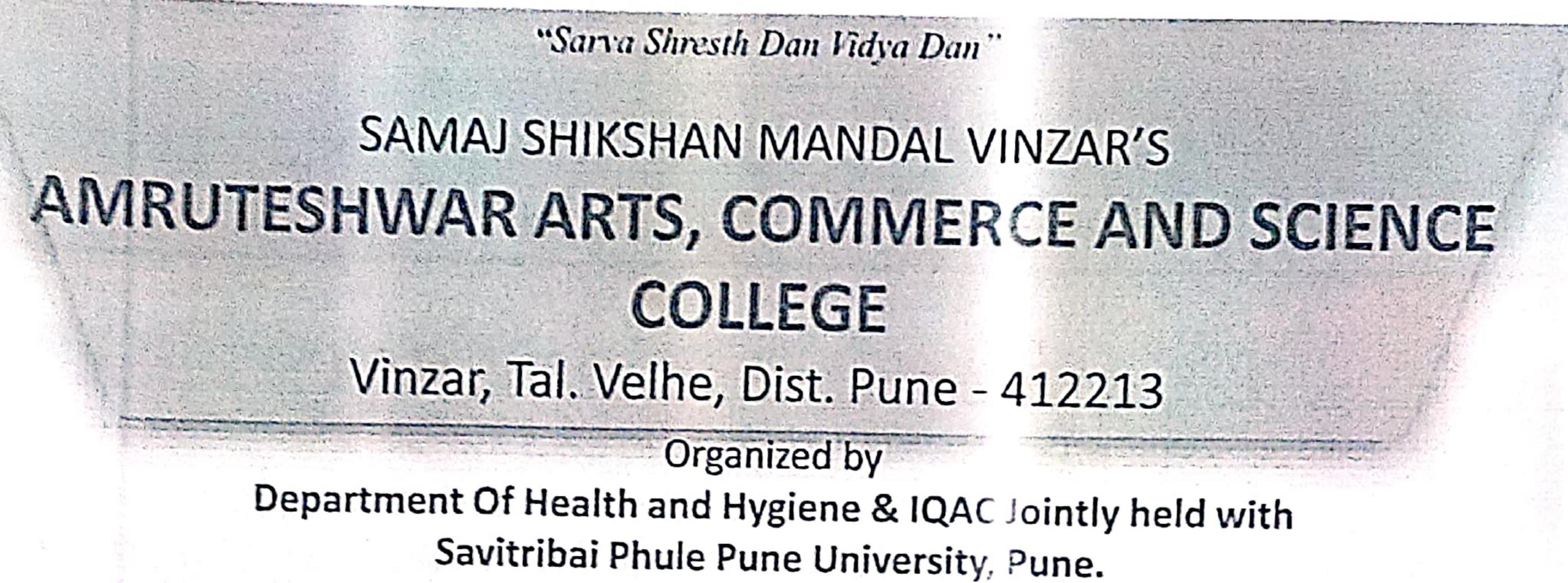
"Health awareness during Covid -19" 09 June 2021 Program scheduled

-



		(i morpai or ano comogo)
02	Speaker	Dr. Prakash Sheth (M.D Medicine) Manavata Upasak award 2020
03	Introduction of Speaker	Dr.M.D. Dongare (Head of I.Q.A.C)
03	Speaker	Dr. Alok Lathi Maxillofacial Radiologist (Gold Medal in BDS)
04	• Vote of thanks	Dr.P.S.Gadkar





Lecture Series On HEALTH AWARENESS DURING COVID-19

Inaugural Function 09/06/2021 time 09:30 am

SESSION I

Dr. PRAKASH SHETH

MD Medicine (Manavta Upasak Award 2020) SESSION II Dr. ALOK LATHI BDS Maxillofacial Radiologist

IQAC Co-Ordinator Prof. Dr. Mahadev Dongare

Co-Ordinator Prof.Dr. Sheetal Shendkar

(Principal) DR. SANJEEV S. LATE,

Join Zoom Meeting https://us02web.zoom.us/j/9890631496?pwd=ZWJ2Q2xFWIJBN IV1JFbEZMRkdQUT09 Meeting ID:989 063 1496 Passcode: 1111

550

5ª

सम्तरना

Elect.

83

Honorary President :- Adv . Nandu Phadake President :- Mr. Dattatraya Padwal Vice President :- Mr. Santosh Appa Daswadkar Executive President :- Mr. Pradeep Phadake Secretary := Mr. Ashok Bhuruk Treasurer :- Mr. Santosh Limhan

Directors Mr. Sambhaji Bhosale , Adv . Hunumant Shinde, Mr. Yashwant Gaikwad , Mr. Vilas Kirve ,

विद्या ता चलहा थि पूर्व

िज्ञान महाविद्यालय

Mr. Bhagwanrao Limhan.

कला, वाणिज्य



"Sarva Shreshtha Dan Vidya Dan" Samaj Shikshan Mandal Vinzar's AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR At Post Vinzar, Tal. Velha, Dist. Pune. Pin No. 412213 Telefax : 02130 232323 [ID No. PU/PN/AC 121/(1997)]

Principal Dr. Sanjeev Late M.A., M.Phil., GDC&A., Ph.D. Email: amruteshwar13@gmail.com

Ref. : A.A.C.S.C./34/20

Dr. Lathi Alok B.D.S, Maxillofacial Radiologist, Pune, Maharashtra.

Subject : Invitation as a resource person for One Day State Level Webinar.



Dear Sir.

We are pleased to invite you for the One day State Level Webinar on 'Health Awareness during Covid - 19' jointly organized by Department of Health under Savitribai Phule Pune University 'Covid 19 awareness program me' in our college dated 9th June 2021.

It is an honor and privilege to invite you for **One Day State Level Webinar** jointly organized by **Department of Health as** a Resource person on the second Session topic of "Hygiene during Covid-19". We believe that your contribution to this field is unparalleled and a webinar on this topic will be of great benefit for us. **Dated 9th June 2021 at 11:00 am online** mode

are c

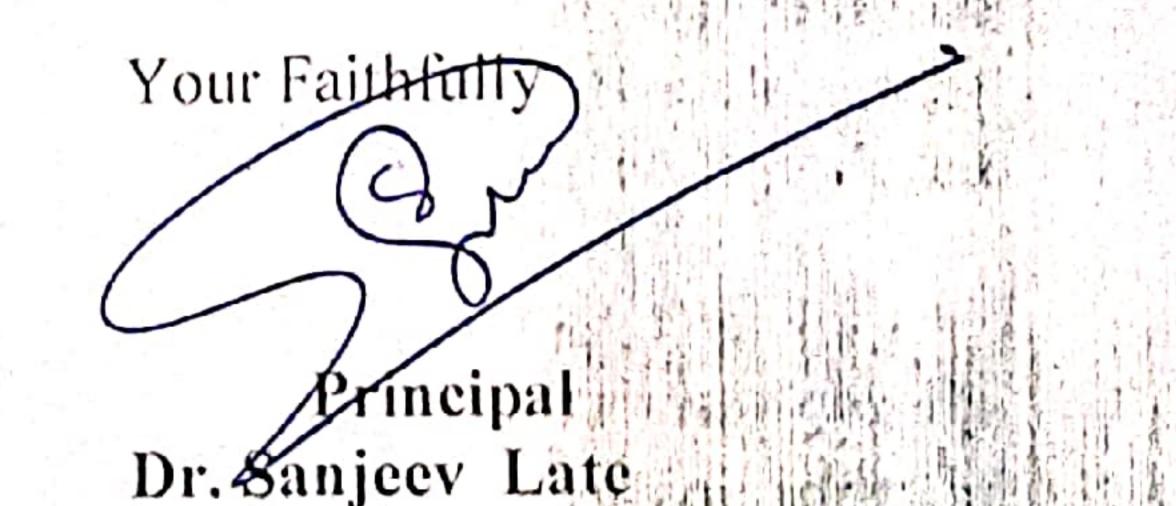
23

da.

We look forward to a positive confirmation, an honor for us indeed. Kindly confirm it. Thanks and regards.



Director of Physical Education.



ebsite : ammulesh

Date: 3

Dr. Sheetal Shendkar

Principal mruteshwar Arts, Commerce & Science College Vinzar, Tal. Velha. Dist. Pune.



"Sarva Shreshtha Dan Vidya Dan" Samaj Shikshan Mandal Vinzar's AMRUTESHWAR ARTS, COMMERCE & SCIENCE COLLEGE, VINZAR At Post Vinzar, Tal. Velha, Dist. Pune. Pin No. 412213 Telefax: 22 4 1920 [ID NO. PU/PN/AC 121/(1997)]

NAAC Reacciedied - B

Websife : amrutes War.com

Date: 3/6/2021

Principal Dr. Sanjeev Late M.A. M.Phil. GDC&A., Ph.D. Email: amruteshwar13@gmail.com

Ref. : A.A.C.S.C. 346/20 21

Dr. Prakash Sheth

M.D Medicine. Spenalas Nagar.

Subject: Invitation as a resource person for One Day State Level Webinar.



Dear Sir.

We are pleased to invite you for the One day State Level Webinar on Health Awareness during Covid - 19' jointly organized by Department of Health under Savitribai Phule Pune University 'Covid 19 awareness program me. First Session topic of "Health and Hygiene". We believe that your contribution to this field is unparalleled and a webinar on this topic will be of great benefit for us. Dated 9th June 2021 at 09:30 am with online mode

We look forward to a positive confirmation, an honor for us indeed. Kindly confirm it. Hunks and regards.



Director of Physical Education. Dr. Sheetal Shendkar

Principal Dr. Sanjeev Late Principal Amruteshwar Arts, Commerce & Scienc College, Vinzar, Yal, Velha, Dist, Pune. 61

Your Faithfully



महाविद्याले

Bu

55 (2)

A BRIEF REPORT OF ONE DAY STATE LEVEL WEBINAR ON "Health and Hygiene" Jointly Organized by Department of Physical Education and I.Q.A.C, Vinzar, Tal- Velhe, Dist - Pune.

Preamble:

A One day State level workshop on Health and Hygiene has been conducted on 09th June 2021, at Amruteshwer Arts commerce and Science College, Vinzar in order to spread hygiene literacy among the tribal students in pandemic. This webinar has been sponsored by Department of health and IQAC, Savitribai Phule Pune University, Pune.

Participant's Profile:



A total of 99 delegates from many state, namely, west Bengal and Gwalior, were participated. Among the participants 52 were women and 47 were men.

The webinar was conducted through online platform by Department of health and hygiene and IQAC. The central theme was Health awareness during covid 19 the inauguration function took place at 9.30 am on 09/06/2021. At the opening Principal Dr. Sanjeev Late introduced college and the precautionarymeasures took by college in COVID 19 pandemic.

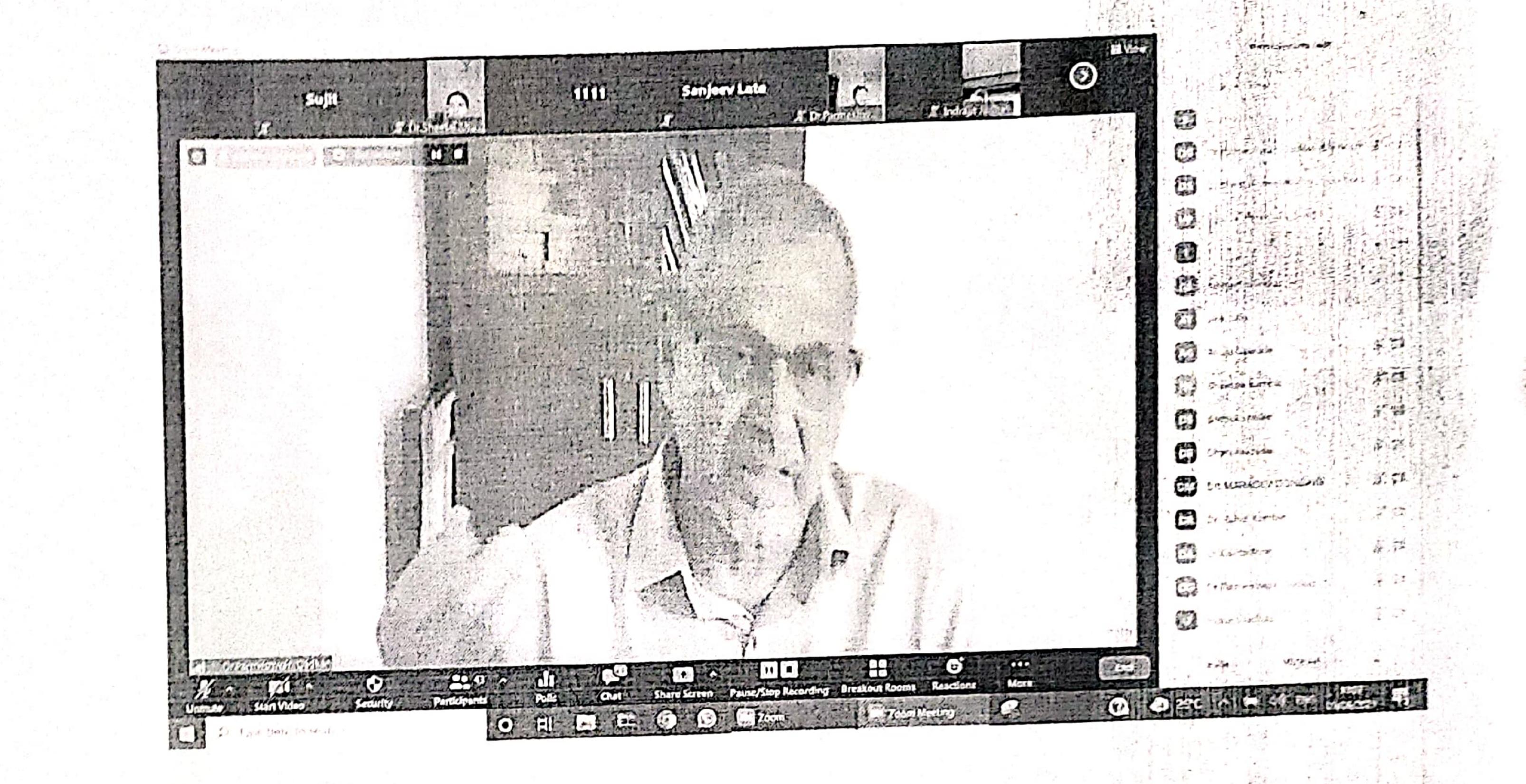
The lecture series was in two session, in first session Dr Prakash Sheth (MBBS MD) gave lecture on current updates on COVID 19 pandemic and what are the moral responsibilities and duties of every individual as a citizen. he also told Health awareness instruction during COVID 19. He describe what measures can be done to avoid the spread of COVID 19 by taking care of some fundamental hygiene.

In second session Dr Alok Lathi (BDS) gave a lecture on some precautionary hygiene to avoid infection by Covid 19. He speak about personal hygiene as well as society Hygiene daily habit can help everyone in pandemic situation. He guides how small care can protect us and our neighbourhood from this pandemic.

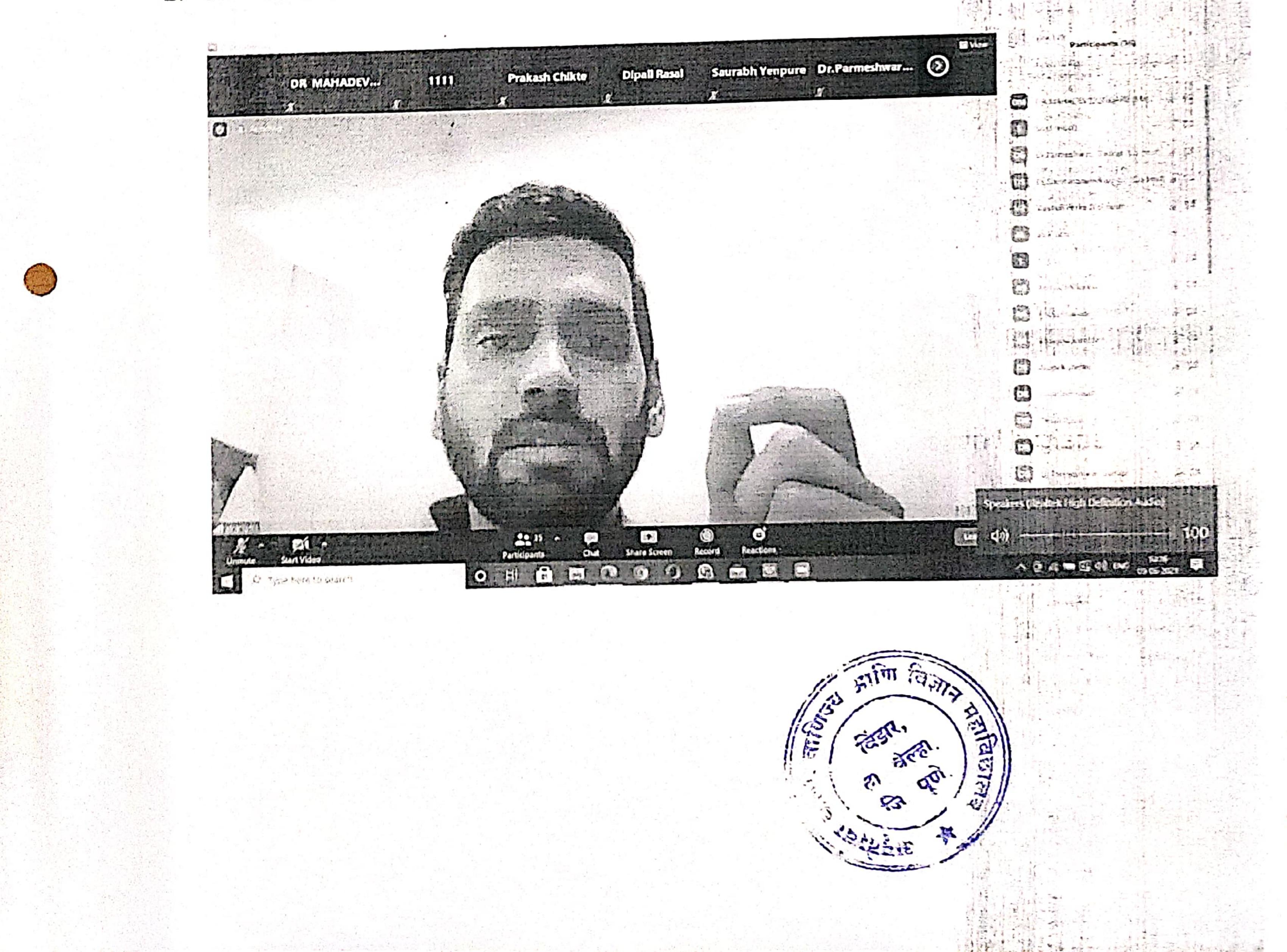
At the end of Session IQAC head Assitant. Prof Dr Mahadev Dongare expressed his thoughts. Dr Sheetal Shendkar express her thoughts and gave vote of thanks.



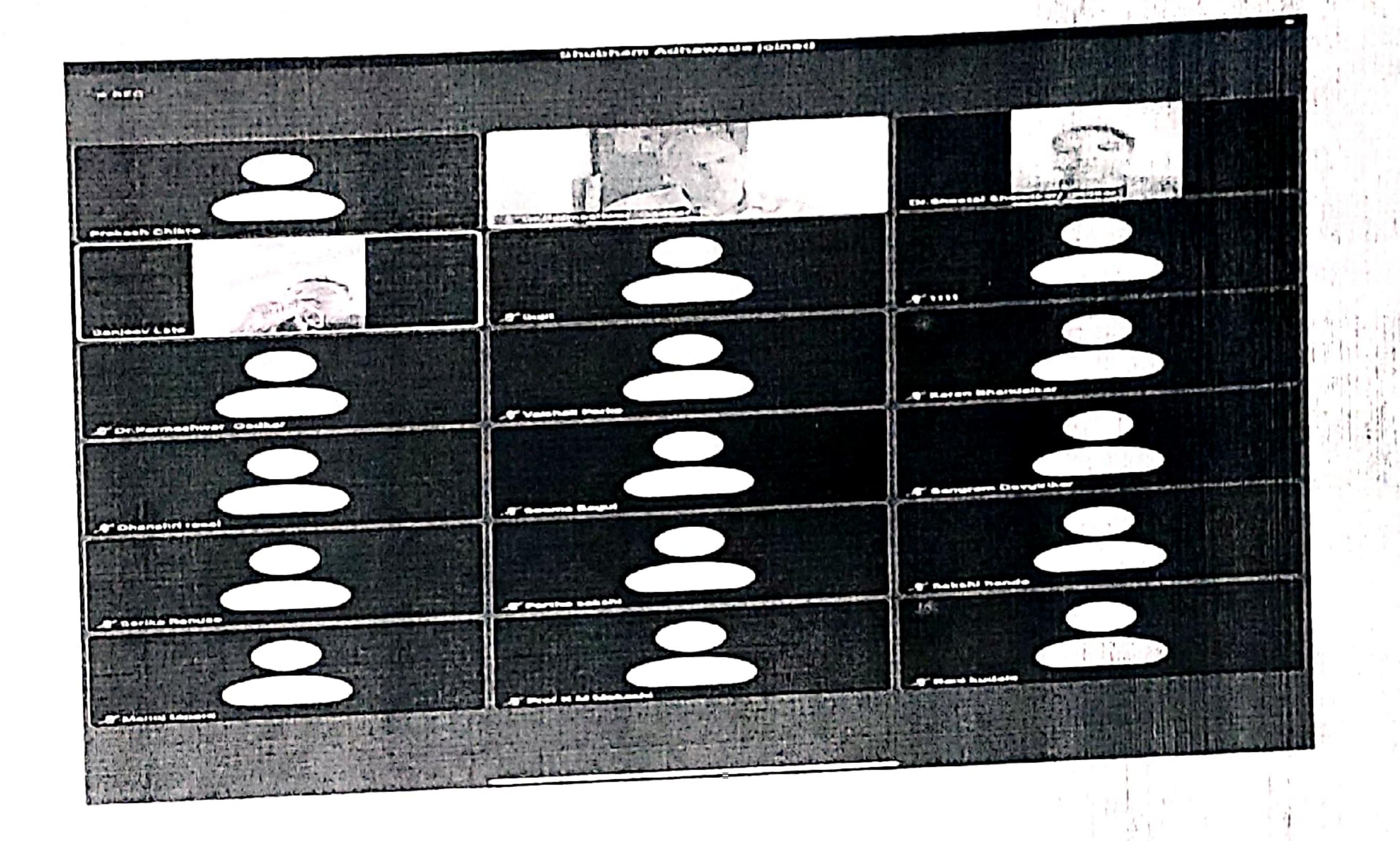
1. Dr Prakash Sheth (MBBS MD) gave lecture on COVID 19 pandemić.



2. second session Dr Alok Lathi (BDS) gave a lecture on of health and hygiene.

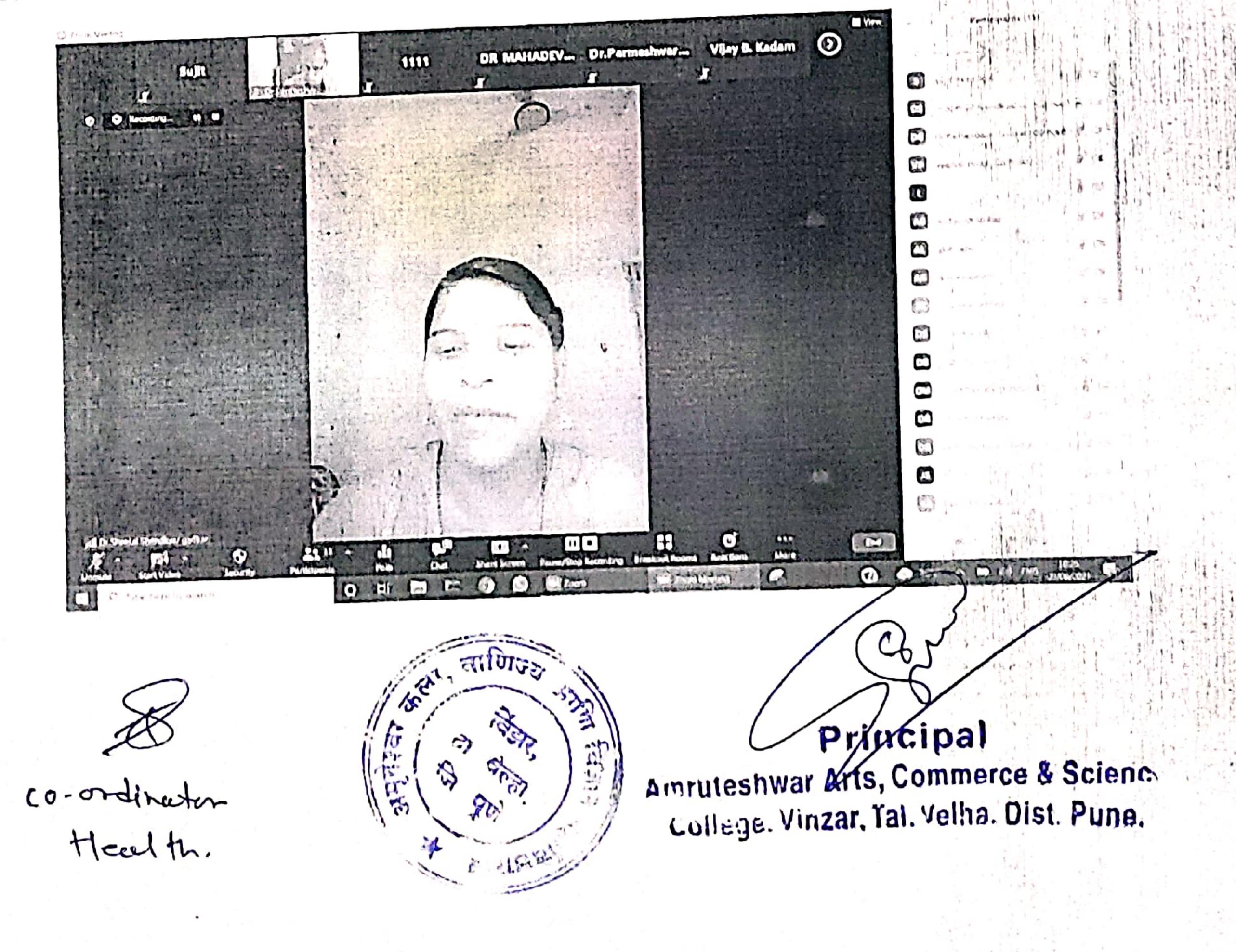


3.Dr. Late sir principal Address



Vote of thanks by Coordinator.





11. 3

